



New Hampshire Adequacy

CIGNA Accessibility Analysis

A report encompassing the behavioral practitioners from

CIGNA (Contracted 1/2013)

for:

New Hampshire Adequacy

Table of Contents

Accessibility summary	1
New Hampshire Members	
Psychiatrists	
1 MH/SA Practitioner within 25 miles	
With	
New Hampshire	
Accessibility summary	2
New Hampshire Members	
Psychiatrists	
1 MH/SA Practitioner within 25 miles	
Without	
New Hampshire	
Accessibility summary	3
New Hampshire Members	
Psychologists/APRNs	
1 MH/SA Practitioner within 25 miles	
With	
New Hampshire	
Accessibility summary	4
New Hampshire Members	
Psychologists/APRNs	
1 MH/SA Practitioner within 25 miles	
Without	
New Hampshire	
Accessibility summary	5
New Hampshire Members	
Master's Level Practitioners	
1 MH/SA Practitioner within 25 miles	
With	
New Hampshire	
Accessibility summary	6
New Hampshire Members	
Master's Level Practitioners	
1 MH/SA Practitioner within 25 miles	
Without	
New Hampshire	

Table of Contents

Accessibility summary	7
New Hampshire Members	
MH/SA Facilities-Clinics	
1 MH/SA Facility within 25 miles	
With	
New Hampshire	
Accessibility summary	8
New Hampshire Members	
MH/SA Facilities-Clinics	
1 MH/SA Facility within 25 miles	
Without	
New Hampshire	
Counties meeting the access standard	9
New Hampshire Members	
Psychiatrists	
1 MH/SA Practitioner within 25 miles	
With	
New Hampshire	
ZIP Codes not meeting the access standard	10
New Hampshire Members	
Psychiatrists	
1 MH/SA Practitioner within 25 miles	
Without	
New Hampshire	
Counties meeting the access standard	11
New Hampshire Members	
Psychologists/APRNs	
1 MH/SA Practitioner within 25 miles	
With	
New Hampshire	
ZIP Codes not meeting the access standard	12
New Hampshire Members	
Psychologists/APRNs	
1 MH/SA Practitioner within 25 miles	
Without	
New Hampshire	

Table of Contents

Counties meeting the access standard	13
New Hampshire Members	
Master's Level Practitioners	
1 MH/SA Practitioner within 25 miles	
With	
New Hampshire	
ZIP Codes not meeting the access standard	14
New Hampshire Members	
Master's Level Practitioners	
1 MH/SA Practitioner within 25 miles	
Without	
New Hampshire	
Counties meeting the access standard	15
New Hampshire Members	
MH/SA Facilities-Clinics	
1 MH/SA Facility within 25 miles	
With	
New Hampshire	
ZIP Codes not meeting the access standard	16
New Hampshire Members	
MH/SA Facilities-Clinics	
1 MH/SA Facility within 25 miles	
Without	
New Hampshire	

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	Psychiatrists 12,367 practitioners at 9,839 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Practitioner within 25 miles
Employees with desired access:	124,090 (99.7%)

Average distance to a choice of practitioners for employees with desired access					
Number of practitioners	1	2	3	4	5
Miles	4.7	5.4	5.8	6.7	7.2

Key geographic areas				
City	Total number of employees	Employees with desired access		
		Number	Percent	Average distance to 1 practitioner
MANCHESTER, NH	10,597	10,597	100.0	1.2
NASHUA, NH	7,551	7,551	100.0	1.4
CONCORD, NH	5,852	5,852	100.0	3.5
MERRIMACK, NH	3,918	3,918	100.0	4.2
LONDONDERRY, NH	3,158	3,158	100.0	2.6
HUDSON, NH	2,794	2,794	100.0	2.6
BEDFORD, NH	2,757	2,757	100.0	2.2
DERRY, NH	2,547	2,547	100.0	2.0
DOVER, NH	2,400	2,400	100.0	1.2
MILFORD, NH	2,203	2,203	100.0	3.6

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	Psychiatrists 12,367 practitioners at 9,839 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Practitioner within 25 miles
Employees without desired access:	374 (0.3%)

Average distance to a choice of practitioners for employees without desired access					
Number of practitioners	1	2	3	4	5
Miles	27.3	27.3	27.6	28.0	28.0

Key geographic areas				
City	Total number of employees	Employees without desired access		
		Number	Percent	Average distance to 1 practitioner
CAMPTON, NH	203	192	94.6	27.5
RUMNEY, NH	120	75	62.5	27.3
THORNTON, NH	59	59	100.0	28.2
PLYMOUTH, NH	229	30	13.1	26.0
NORTH WOODSTOCK, NH	123	18	14.6	25.1

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	Psychologists/APRNs 18,483 practitioners at 14,995 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Practitioner within 25 miles
Employees with desired access:	124,464 (100.0%)

Average distance to a choice of practitioners for employees with desired access					
Number of practitioners	1	2	3	4	5
Miles	3.4	4.3	5.2	5.6	6.1

Key geographic areas				
City	Total number of employees	Employees with desired access		
		Number	Percent	Average distance to 1 practitioner
MANCHESTER, NH	10,597	10,597	100.0	1.1
NASHUA, NH	7,551	7,551	100.0	0.9
CONCORD, NH	5,852	5,852	100.0	2.7
MERRIMACK, NH	3,918	3,918	100.0	2.5
LONDONDERRY, NH	3,158	3,158	100.0	2.2
HUDSON, NH	2,794	2,794	100.0	2.2
BEDFORD, NH	2,757	2,757	100.0	1.7
DERRY, NH	2,547	2,547	100.0	1.4
DOVER, NH	2,400	2,400	100.0	1.0
MILFORD, NH	2,203	2,203	100.0	1.2

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	Psychologists/APRNs 18,483 practitioners at 14,995 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Practitioner within 25 miles
Employees without desired access:	0 (0.0%)

Average distance to a choice of practitioners for employees without desired access					
Number of practitioners	1	2	3	4	5
Miles	---	---	---	---	---

Key geographic areas				
City	Total number of employees	Employees without desired access		
		Number	Percent	Average distance to 1 practitioner
NO EMPLOYEES MEET THE SPECIFICATIONS				

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	Master's Level Practitioners 48,006 practitioners at 30,654 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Practitioner within 25 miles
Employees with desired access:	124,464 (100.0%)

Average distance to a choice of practitioners for employees with desired access					
Number of practitioners	1	2	3	4	5
Miles	2.6	3.3	3.7	4.0	4.2

Key geographic areas				
City	Total number of employees	Employees with desired access		
		Number	Percent	Average distance to 1 practitioner
MANCHESTER, NH	10,597	10,597	100.0	0.9
NASHUA, NH	7,551	7,551	100.0	0.8
CONCORD, NH	5,852	5,852	100.0	1.5
MERRIMACK, NH	3,918	3,918	100.0	1.3
LONDONDERRY, NH	3,158	3,158	100.0	1.9
HUDSON, NH	2,794	2,794	100.0	1.9
BEDFORD, NH	2,757	2,757	100.0	1.1
DERRY, NH	2,547	2,547	100.0	1.3
DOVER, NH	2,400	2,400	100.0	0.8
MILFORD, NH	2,203	2,203	100.0	0.9

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	Master's Level Practitioners 48,006 practitioners at 30,654 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Practitioner within 25 miles
Employees without desired access:	0 (0.0%)

Average distance to a choice of practitioners for employees without desired access					
Number of practitioners	1	2	3	4	5
Miles	---	---	---	---	---

Key geographic areas				
City	Total number of employees	Employees without desired access		
		Number	Percent	Average distance to 1 practitioner
NO EMPLOYEES MEET THE SPECIFICATIONS				

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	MH/SA Facilities-Clinics 6,289 practitioners at 8,425 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Facility within 25 miles
Employees with desired access:	124,464 (100.0%)

Average distance to a choice of practitioners for employees with desired access					
Number of practitioners	1	2	3	4	5
Miles	4.0	5.1	5.9	6.8	7.6

Key geographic areas				
City	Total number of employees	Employees with desired access		
		Number	Percent	Average distance to 1 practitioner
MANCHESTER, NH	10,597	10,597	100.0	1.0
NASHUA, NH	7,551	7,551	100.0	1.3
CONCORD, NH	5,852	5,852	100.0	2.6
MERRIMACK, NH	3,918	3,918	100.0	1.9
LONDONDERRY, NH	3,158	3,158	100.0	2.1
HUDSON, NH	2,794	2,794	100.0	2.6
BEDFORD, NH	2,757	2,757	100.0	2.0
DERRY, NH	2,547	2,547	100.0	1.7
DOVER, NH	2,400	2,400	100.0	1.5
MILFORD, NH	2,203	2,203	100.0	1.1

Accessibility summary

Accessibility analysis specifications	
Practitioner group:	MH/SA Facilities-Clinics 6,289 practitioners at 8,425 locations
Employee group:	New Hampshire Members 124,464 employees
Access standard:	1 MH/SA Facility within 25 miles
Employees without desired access:	0 (0.0%)

Average distance to a choice of practitioners for employees without desired access					
Number of practitioners	1	2	3	4	5
Miles	---	---	---	---	---

Key geographic areas				
City	Total number of employees	Employees without desired access		
		Number	Percent	Average distance to 1 practitioner
NO EMPLOYEES MEET THE SPECIFICATIONS				



Accessibility Detail

New Hampshire Membership

Psychiatrists

Counties meeting the access standard

New Hampshire Members					
County	Total number of employees	Total number of practitioners	Employees with desired access		
			Number	Pct	Average distance to a choice of 1 practitioner
BELKNAP - NH	5,948	6	5,948	100.0	6.1
CARROLL - NH	2,871	4	2,871	100.0	8.2
CHESHIRE - NH	8,241	19	8,241	100.0	5.9
COOS - NH	1,773	9	1,773	100.0	4.9
GRAFTON - NH	6,219	42	5,845	94.0	9.6
HILLSBOROUGH - NH	43,965	93	43,965	100.0	3.5
MERRIMACK - NH	18,024	34	18,024	100.0	5.4
ROCKINGHAM - NH	24,970	51	24,970	100.0	3.8
STRAFFORD - NH	8,615	14	8,615	100.0	4.4
SULLIVAN - NH	3,838	5	3,838	100.0	5.0
TOTALS	124,464	277	124,090	99.7	4.7

Access standard: 1 MH/SA Practitioner within 25 miles
Practitioner group: Psychiatrists

ZIP Codes not meeting the access standard

New Hampshire Members					
City	ZIP Code	Total number of employees	Employees without desired access		
			Number	Pct	Average distance to a choice of 1 practitioner
CAMPTON, NH	03223	203	192	94.6	27.5
NORTH WOODSTOCK, NH	03262	123	18	14.6	25.1
PLYMOUTH, NH	03264	229	30	13.1	26.0
RUMNEY, NH	03266	120	75	62.5	27.3
THORNTON, NH	03285	59	59	100.0	28.2
TOTALS		734	374	51.0	27.3

Access standard: 1 MH/SA Practitioner within 25 miles
 Practitioner group: Psychiatrists



Accessibility Detail

New Hampshire Membership

Psychologists/APRNs

Counties meeting the access standard

New Hampshire Members					
County	Total number of employees	Total number of practitioners	Employees with desired access		
			Number	Pct	Average distance to a choice of 1 practitioner
BELKNAP - NH	5,948	11	5,948	100.0	4.7
CARROLL - NH	2,871	7	2,871	100.0	6.8
CHESHIRE - NH	8,241	28	8,241	100.0	5.3
COOS - NH	1,773	7	1,773	100.0	6.1
GRAFTON - NH	6,219	48	6,219	100.0	5.0
HILLSBOROUGH - NH	43,965	194	43,965	100.0	2.5
MERRIMACK - NH	18,024	78	18,024	100.0	3.7
ROCKINGHAM - NH	24,970	100	24,970	100.0	2.7
STRAFFORD - NH	8,615	39	8,615	100.0	3.5
SULLIVAN - NH	3,838	6	3,838	100.0	3.9
TOTALS	124,464	518	124,464	100.0	3.4

Access standard: 1 MH/SA Practitioner within 25 miles
 Practitioner group: Psychologists/APRNs

ZIP Codes not meeting the access standard

New Hampshire Members					
City	ZIP Code	Total number of employees	Employees without desired access		
			Number	Pct	Average distance to a choice of 1 practitioner

NO EMPLOYEES MEET THE SPECIFICATIONS

Access standard: 1 MH/SA Practitioner within 25 miles
 Practitioner group: Psychologists/APRNs



Accessibility Detail

New Hampshire Membership

Masters Level Practitioners

Counties meeting the access standard

New Hampshire Members					
County	Total number of employees	Total number of practitioners	Employees with desired access		
			Number	Pct	Average distance to a choice of 1 practitioner
BELKNAP - NH	5,948	44	5,948	100.0	3.3
CARROLL - NH	2,871	36	2,871	100.0	4.3
CHESHIRE - NH	8,241	81	8,241	100.0	4.0
COOS - NH	1,773	30	1,773	100.0	3.8
GRAFTON - NH	6,219	82	6,219	100.0	5.4
HILLSBOROUGH - NH	43,965	415	43,965	100.0	1.8
MERRIMACK - NH	18,024	225	18,024	100.0	3.0
ROCKINGHAM - NH	24,970	302	24,970	100.0	2.1
STRAFFORD - NH	8,615	94	8,615	100.0	2.5
SULLIVAN - NH	3,838	42	3,838	100.0	4.0
TOTALS	124,464	1,351	124,464	100.0	2.6

Access standard: 1 MH/SA Practitioner within 25 miles
 Practitioner group: Master's Level Practitioners

ZIP Codes not meeting the access standard

New Hampshire Members					
City	ZIP Code	Total number of employees	Employees without desired access		
			Number	Pct	Average distance to a choice of 1 practitioner

NO EMPLOYEES MEET THE SPECIFICATIONS

Access standard: 1 MH/SA Practitioner within 25 miles
 Practitioner group: Master's Level Practitioners



Accessibility Detail

New Hampshire Membership

MH/SA Facilities

Counties meeting the access standard

New Hampshire Members					
County	Total number of employees	Total number of practitioners	Employees with desired access		
			Number	Pct	Average distance to a choice of 1 practitioner
BELKNAP - NH	5,948	6	5,948	100.0	5.7
CARROLL - NH	2,871	6	2,871	100.0	8.3
CHESHIRE - NH	8,241	9	8,241	100.0	5.1
COOS - NH	1,773	7	1,773	100.0	8.4
GRAFTON - NH	6,219	18	6,219	100.0	4.8
HILLSBOROUGH - NH	43,965	57	43,965	100.0	3.0
MERRIMACK - NH	18,024	23	18,024	100.0	4.4
ROCKINGHAM - NH	24,970	29	24,970	100.0	3.3
STRAFFORD - NH	8,615	8	8,615	100.0	4.4
SULLIVAN - NH	3,838	6	3,838	100.0	4.6
TOTALS	124,464	169	124,464	100.0	4.0

Access standard: 1 MH/SA Facility within 25 miles
 Practitioner group: MH/SA Facilities-Clinics

ZIP Codes not meeting the access standard

New Hampshire Members					
City	ZIP Code	Total number of employees	Employees without desired access		
			Number	Pct	Average distance to a choice of 1 practitioner

NO EMPLOYEES MEET THE SPECIFICATIONS

Access standard: 1 MH/SA Facility within 25 miles
 Practitioner group: MH/SA Facilities-Clinics